Academic Society

**Liberal Studies Society**  
**Meeting Date:** 16/10/2013  
**Meeting Time:** 15:45-16:30  
**Meeting Room:** F201, L3/12/2, L5/10/2  
**Chair:** Lam Mau  
**Date:** 5/10/2013  
**Attendees:** 40  
**Facilities:**  
- View-and-sharing session  
- Presentation by a guest speaker  
- Questions and answers  
- Breakout groups  
- Networking opportunities  

**Approximate Duration:** 1 hour

**Introduction:**  
- General introduction  
- Overview of the Liberal Studies Society  
- Importance of the Liberal Studies Program  

**Activity:**  
- Students will engage in a group activity focusing on a specific topic related to the Liberal Studies Program.  
- Students will have the opportunity to discuss their thoughts and ideas with their peers.  
- Students will present their findings to the group.  

**Requirements:**  
- Participation in all activities  
- Regular attendance  

**Remarks:**  
- All students are encouraged to participate  
- Students may choose to bring their own laptops or tablets if they wish to share their findings with the group.
**Home Economics Club**  
Kat Keung Hall  
4/10/2013  
15:30-17:00  
$300  
EASE  
Monday (Every Monday in Oct, Nov, Mar, Apr)  
15:30-16:30  
0001  
20  
**Objective:**  
1. To develop and maintain students' interest in home economics  
2. To help students understand the importance and value of food  
3. To teach students in an active and personal way how to care for themselves and others.  
4. To develop self-sufficiency, self-esteem and self-development in all aspects of life.  
5. To develop and maintain students' interest in home economics  
6. To help students understand the importance and value of food  
7. To develop self-sufficiency, self-esteem and self-development in all aspects of life.  
8. To develop and maintain students' interest in home economics  
9. To help students understand the importance and value of food  
10. To develop self-sufficiency, self-esteem and self-development in all aspects of life.

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**Squad**  
Pak Yiu  
20/10/2013  
Monday (Every Monday in Oct, Nov, Mar, Apr)  
15:30-16:30  
0009  
20  
**Objective:**  
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**Magic Club**  
Ho Yu Chiu  
11/10/2013  
Thursday (Alternate week of a month)  
15:40-17:00  
0026  
20  
**Objective:**  
1. To teach students how to appreciate the art of magic  
2. To understand the basics of magic  
3. To teach students to appreciate the art of magic  
4. To understand the basics of magic  
5. To teach students how to appreciate the art of magic  
6. To understand the basics of magic  
7. To teach students how to appreciate the art of magic  
8. To understand the basics of magic  
9. To teach students how to appreciate the art of magic  
10. To understand the basics of magic.

**Presentation Skill Training**  
Wu Lai Sheung  
23/09/2013  
Monday (Every third week of a month)  
15:30-16:15  
0001  
20  
**Objective:**  
1. To develop students' speaking and social behaviors  
2. To enhance students' public speaking, confidence and manner.  
3. To develop students' speaking and social behaviors  
4. To enhance students' public speaking, confidence and manner.  
5. To develop students' speaking and social behaviors  
6. To enhance students' public speaking, confidence and manner.  
7. To develop students' speaking and social behaviors  
8. To enhance students' public speaking, confidence and manner.  
9. To develop students' speaking and social behaviors  
10. To enhance students' public speaking, confidence and manner.

**Presentation Skill Training**  
Tai Lok Ching  
23/09/2013  
Monday (Every third week of a month)  
15:30-16:15  
0001  
20  
**Objective:**  
1. To develop students' speaking and social behaviors  
2. To enhance students' public speaking, confidence and manner.  
3. To develop students' speaking and social behaviors  
4. To enhance students' public speaking, confidence and manner.  
5. To develop students' speaking and social behaviors  
6. To enhance students' public speaking, confidence and manner.  
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8. To enhance students' public speaking, confidence and manner.  
9. To develop students' speaking and social behaviors  
10. To enhance students' public speaking, confidence and manner.
**Sports Development**

**Athletic Team**
- Li Siu Ling
- 3/10/2013
- Every Thursday 15:30-17:00
- Sports ground
- 20
- $300

Athletics team is a perfect leisure pursuit for students who are interested in Sports and have the enthusiasm to obtain a metal on sports day. Field events: High Jump, Long Jump, Triple Jump, Shot put, Discus Weight training, Build muscle strength. Students with good performance will be selected to participate in Inter-school Athletics Championships.

Normal skill training:
- Track events: Speed training, Endurance training
- Field events: Individual training, Team training

Coaching fee includes: Coach fee and uniform.

**Sports Development**

**Basketball (Men)**
- Hung Kwan Ting
- 1/10/2013
- Every Thursday and Friday 15:30-17:30
- Sports ground
- 40
- $500

Build up team spirit and self-discipline through basketball. Improve basketball skills and technique. Basic match experience through Inter-school competition.

Face-to-face training included basic basketball skills and techniques.

Coaching fee includes: Coach fee and uniform.

**Sports Development**

**Basketball (Women)**
- Hung Kwan Ting
- 1/10/2013
- Every Wednesday and Saturday 15:30-17:30
- Sports ground
- 20
- $500

Build up team spirit and self-discipline through basketball. Improve basketball skills and technique. Basic match experience through Inter-school competition.

Face-to-face training included basic basketball skills and techniques.

Coaching fee includes: Coach fee and uniform.

**Sports Development**

**Dancing Team**
- Wong Hoi Yee (Coach) Eva Kan
- 8/10/2013
- Every Tuesday 15:45-17:15
- H201
- 10
- $650

Develop students' dancing proficiency. Develop students' self-confidence through competitions and performances.

Skill training:
- Jazz, Hiphop, Funky Combination

Performances during post exam period/School Anniversary and in Summer holiday

Interschool Dancing championship

Coaching fee includes: Coach fee and uniform.

**Sports Development**

**Fencing Team**
- Li Siu Ling
- 3/10/2013
- Every Tuesday 15:30-17:00
- E101
- 10
- $1,000

It is an exciting sport that you can learn how to focus and concentrate on the target.

Formal skill training:
- Footwork, basic guard positions, rules for competitions, the grip, salute, stepping and the lunge etc.

Coaching fee includes: Coach fee and uniform.

**Sports Development**

**Football Team**
- Cheng Kwan Wai
- 19/10/2013
- Every Monday and Thursday 15:35
- School sports ground or Kowloon Tsai sports ground
- 40
- $500

Provide sports opportunities through football development program. Offer after-school coaching with education and proper football training. Students with good performance will be selected to participate in Inter-school Football Championship.

Face-to-face training included: passing, dribbling, shooting, crossing, first-touch, basic tactics and strategies.

Friendly games will be conducted with different schools in order to provide match experiences for members.

Members with good performance will be selected to participate in Inter-school Football Championship.

Coaching fee includes: Coach fee and uniform.